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From: Traci <traci@journey2wholeness.org>

Subject: Addiction Teaching This Week

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Dear Deborah,

Teaching On Addictions!

The Braveheart/Bride Of Christ was a huge success!

Melissa said "well worth the drive from New Mexico."

Elizabeth said "I'm glad I made the effort to drive all night from Georgia to be at this teaching." It was well worth it!

Others said they were more blessed spiritually than they could ever imagined.

This Sunday Elizabeth Littleton teaches Addictions! She will expose the root cause to all addictions. Do you have friends and family with addiction problems? When you get this teaching, you will understand what drives them!

When you think of addictions, do you think of drugs and alcohol only? Did you know you can have addiction to work, shopping, food, nail biting, material lust, cigarettes, prescribed medication, sexual addictions, workout at the gym, etc.? It is anything that controls or consumes you!

What is addiction? It is a compulsive and often uncontrollable craving and seeking of something that controls us. The individual uses or does something even when they know it is not in their best interest. Addiction could be defined as chronically making the firm decision not to use or do, followed shortly by a relapse due to experiencing overwhelming and compulsive urges to use despite the firm decision not to. Addictions drives you!!!

We are continuously updating and adding teachings to the site! Go to <http://www.journey2wholeness.org/teaching/teaching.html>. If you do not have a password, then go to <http://www.journey2wholeness.org> and sign up for password. I will email your password! I only give passwords out to folks that come to the teaching!

We meet at 4:00 p.m. instead of 3:00 p.m. at Elizabeth Littleton's house.

Journey 2 Wholeness Ministries

email: traci@journey2wholeness.org

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