

[« Back](#) [Print](#)

JOURNEY2WHOLENESS MINISTRIES GREETING!

NEWSLETTER LINKS

- [What's Up This Week](#)
- [Disease of the Week](#)
- [List of Door points](#)
- [Scripture of the Week](#)
- [Quick Links](#)
- [Sign Up For E-Newsletter](#)
- [Online Donations](#)
- [Other Announcements](#)
- birthdays and cds.

QUICK LINKS

- [Journey2Wholeness Ministries](#)
- [See what we teach - see schedule!](#)
- [Pleasant Valley Church](#)
- [Be In Health](#)
- [Kingdom Harvest Church](#)
- [Previous Newsletters](#)

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Donations

Make a Donation

OTHER ANNOUNCEMENTS

WHAT'S UP THIS WEEK

Deborah got married! Deborah Smith (now Massey) tied the knot last Monday at Jane and Don Shelton's house in Keller. It was a very beautiful wedding. She married Tommy Massey, who is from Canadian, Texas, in the panhandle - a 100 miles north of Amarillo.

As soon as I have pictures, I will post them on the next newsletter as well as on the ministry web site.

This week's teaching "Door Points - Trauma" on August 13, 2006, this Sunday at 4:00 p.m. at **Comfort Inn**, 2904 Crystal Spgs., Bedford, 76021. Phone No. to hotel is 817-545-2555. See [map](#) for directions.

Please mark your calendars for August 26 (Saturday 1 to 5 p.m.) Principality of Occultism (this takes about 3.5 hours to teach and ministry afterwards). - what is occultism, how it is in the church and learn to recognize occultism today.

The purpose of this teaching is to recognize door-points in your life, which have allowed the enemy to take and maintain a stronghold in your life, either in your personal life or in your generations.

Trauma opens the door for evil spirits such as fear as well as anger, hatred, self-hatred, feelings of abandonment, self-rejection, etc. See ways a person can be [traumatized!](#)

These are some of the symptoms of trauma:

- Difficulty falling or staying asleep and severe nightmares.
- Feeling as if the trauma is happening again

Need Prayer! Please [email](#) us!

Birthdays in August:

Donna Rae Graefe - 08/04

Tina Tucker - 8/04

Joan Marie Tucker - 8/08

If I missed your birthday, please forgive me. It could be you have not filled out a registration form. I extract a lot of information from the registration form. If you have not filled out a registration form, please do so. Go to <http://www.journey2wholeness.org/registration>

CD's are available for \$3.00.

If you have not heard the foundational teachings, I would get these teachings. If you cannot afford to buy CD's, please get them anyway.

The foundational teachings we did on July 8, 2006:

Broken Heart - has someone broken your heart and betrayed you when you were young and you stumble in life in pain?

Pathway of Health, Disease and Healing - Scriptures show us how God thinks and how His nature is revealed concerning disease and sin. It also shows us that it is His desire and will for us to live free of the curse in body, soul and spirit. You will learn the pathways of health, disease and healing.

Sin and Spirit World Realty - This teaching is to establish the origin of sin and its effect on us

(flashbacks).

- Reliving trauma memories, avoiding trauma reminders, and struggling with fear and anger.
- May experience a loss of interest in social activities.
- Feeling irritable, on guard, easily startled, worried, or anxious may lead to be unable to relax, socialize, or be intimate without being tense or demanding.
- Getting upset when reminded about the trauma (by something the person sees, hears, feels, smells, or tastes).
- Trouble controlling emotions because reminders lead to sudden anxiety, anger, or upset.
- Getting very startled by loud noises or something or someone coming up on you from behind when you don't expect it, etc.

The trauma and terror left no outward marks, no scars, no broken bones. But his life-changing tragedy did leave an imprint on a very important organ: the brain.

It has been shown that victims of trauma experience physical changes to the hippocampus, a part of the brain involved in learning and memory, as well as in the handling of stress. The hippocampus also works closely with the medial prefrontal cortex, an area of the brain that regulates our emotional response to fear and stress. Trauma sufferers often have impairments in one or both of these brain regions. Studies of children have found that these impairments can lead to problems with learning and academic achievement.

- Do you suffer from lack of concentration, a racy brain?
- Do you suffer from anxiety attacks, phobias, etc.?

By Traci Morin

[top](#)

DISEASE OF THE WEEK

Fibromyalgia!

Fibromyalgia is a chronic condition characterized by fatigue and widespread pain in the muscles, ligaments and tendons. This disease primarily affect females.

How does a person get fibromyalgia? It is usually in

personally and through our family generations. Understand where thought comes from.

Roman 7 Separation -

Separation is the first step toward appropriating the unforgiveness. Paul said it was not me but the sin that is within me Romans 7:17.

Freedom - 8rs, 7 Steps to Sin and Walk Out -

This is a teaching of how not to open the doors in your life and to walk in freedom.

women only who have experienced abuse in childhood or as adults.

The culprit behind this illness is not an infection or inflammation, but a season (or lifetime) of fear, stress and anxiety. That means a person is stressed, tense, driven, anxious and striving.

Spiritually speaking! Fibromyalgia is a result of separation of a woman from godly male leadership and the covering that should have always been there. Without proper protection, abandonment issues surface as well as insecurities, fear and anxieties.

God created females to be nurtured and covered by males. Because men have been passive, abusive or just not there, women have had to pull it all together themselves. God ordained the female to be covered by the male. It wasn't his plan to have the weight of the household on her shoulders.

The Bible says the head of a woman is the man, and the head of man is Christ and the head of Christ is God the Father. When a man does not cover his family, instead beats her or not listen to her, violates the protection mechanism God had established and fear comes in.

How does one get free from the "incurable" disease of Fibromyalgia? First, you must allow God to deliver you from fear, stress and anxiety. See God as your covering if your husband is not able to be your covering. This means returning to God's gift of peace instead of the fight or flight cycle.

1 John 4:18 "There is no fear in love; but perfect love casteth out fear; because fear hath torment. He that feareth is not made perfect in love."

By: Traci Morin

[top](#)

SCRIPTURE OF THE WEEK

Shadow of Your Wings (Wondrously show Thy lovingkindness, O Savior of those who take refuge at Thy right hand from those who rise up against them. Keep me as the apple of the eye; hide me in the shadow of Thy wings. Psalm 17: 7-8)

My spirit rests in You alone
You're all I know

Embrace and touch me
Like a child
I'm safe in You

Chorus:
You're my shelter through it all
You're my refuge and my strength
Lord, I hide in the shadow of Your wings
(Repeat)

My Lord, You're faithful
You supply all good things
You know completely
All my thoughts
My deepest needs

By: Unknown Author

[top](#)

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