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Greetings Everyone!

July 18, 2006

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Wow are we in Awe of the Lord!

Thank you Pastor Don Shelton. What a wonderful word of the Lord this past Sunday. We saw that many were deeply touched. As I shared in the Broken Heart this is truly where it starts, and we want each of you to gain every nugget that will bring wholeness to your heart. We so appreciate Pastor Don and Jane, they are such a blessing to Journey2Wholeness Ministry **"Thank You"**.

There were several NEW faces again and we just say "WELCOME"... we are glad you came. I do want to say if you did not make the Foundational teachings on July 8th, it is vital for you to get those and hear them. There is NOT one part of the teaching more important than the other. They all build on one another. Education and knowledge (Hos 4:6) is the Key to becoming healed in all 6 areas of our life. So be sure you get those teachings from us if you have not. There are several who are wounded deeply walking in offense, pain and brokenness. God wants to give you the peace and Joy unspeakable- FULL of glory. WE will haveThe CD's very soon. There is an order form at the desk when you sign in.

Also, we noticed several have not turned in their registration forms. Please take time this week to do so. You can do this online at our website or when you arrive on Sunday. These do not go to anyone but us. Only used to help us communicate with you, so don't worry we are not going to sell your name and information to anyone. WE believe in complete confidentiality here. It helps us in many ways, so please help us with this. Pick one up and turn it in as you leave, It will be so appreciated.

Looking forward to seeing you all this Sunday.

Deborah

One Cause of Bitterness is Unmet Expectations....



An expectation is something we are looking forward to or assume will take place. Throughout life, we all develop expectations which are usually produced by comparing ourselves with others or from commitments people make or imply. Some expectations result from valid needs in our lives such as the need to feel loved, accepted, and secure. When these expectations are not met in the way that we desire, the emotional reaction is often anger through bitterness. Only God can truly meet our needs.

We need to stop looking at others to meet our needs to only depend on the Lord. When we have expectations on others, the enemy sets us up to be hurt. We end up with unforgiveness, resentment, retaliation, anger/wrath, hatred, violence and murder with the tongue (gossip).

If we don't exercise true forgiveness, we will hold the offender responsible (guilty) for his wrong. We then begin to accumulate fault in our mind towards him which we will bring up when the situation calls for it.

When we are bitter towards a person, we may think we are hurting that person, but in reality we are hurting ourselves. Bitterness creates a feeling of distance in fellowship with God. Unforgiveness brings separation. Emotionally, it can cause anxiety, stress and depression. Physically, it can cause anything from headaches and fatigue to ulcers and arthritis. Unresolved anger and bitterness gives Satan an opportunity to wreak havoc in our lives.

* Take the time to write down everyone who ever hurt you and when you think about the event, there is a ping, pain, frustration, anger or you get aggravated about this person or event!

* Repent and forgive them to release them to the Lord!

If you need extra help to recognize symptoms and prayer of forgiveness to release others, go to [Homework before the next class.](#)

Traci Morin

What an Awesome Time in San Antonio....

What a wonderful time we had in San Antonio! Pastor Henry did an incredible job with trying to narrow AMEW into a ONE day conference. Here is a part of Journey2Wholeness Ministry team that was able to attend. It was well worth the time. Right gals? Ask any of us...

Pictured with Pastor Henry Wright...

Left to right Traci Morin, Deborah Smith, Cynthia Slaboda, Kim Karlson and Maddy Sarad surrounding Pastor Henry... we are not sure who the special head shot is... she stood as we snapped.. ha! *Thanks to Tommy Massey for the snap- (Deb's fiance'), and to the camera owner... Maddy! ;-)*

Sorry Lisa Barker- we missed you! She came, but had left when we took this. We have a picture of Puppy to put on the web. *Her puppy (fur baby, as I like to call them) is so small and cute and stays in her purse and you never hear a peep.. Soooo cute! ;-)*

Website.

Registration, CD's, and more....

To Everyone attending: Please take some time to register online if you have not gotten too. It will sure help us. We so appreciate ALL of your gifts and generosity towards the ministry. We speak multiple blessings upon each of you! We ask that you pray about location, AGAIN. Now we are not running out the door. The Lord told us both in January during our fast that He was going to powerfully expand our borders.. like Jabez... and to get our running shoes on! We are seeing these words come forth in a very short time. We have some solutions and are not moving, but we ask you to pray with us about it. If you know of some great places in the Mid-cities area, at an economical cost, We would sure love to hear from you about it.

The taping of "Sin and Spirit World Realities" by Traci Morin, has been redone, since we had trouble that Saturday on that recording. So you can order CD's for that one as well now.

Thank you all for pressing into the Lord for your healing. We stand in agreement that everything you petition the Lord for, is answered through your dedication to appropriate the Word of God.

If you need anything, please do not hesitate to contact us. We love hearing from you! If you have any suggestions or things you would like to see in the newsletter. Let us know! We want to help you as much as we can.

Much Love in Him!

Deborah

Isaiah 43:18-19

Journey 2 Wholeness Ministries

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